



ACT PARENTING CLASS

Classes are fun and provided in a friendly environment.

Through these classes, you will learn:

- *Child Development**
- *Discipline techniques that work/Parenting styles**
- *How to deal with children's difficult behavior**
- *How to control your own anger**
- *About young children's exposure to violence**
- *About children and electronic media**
- *Community Resources**

Dinner served from 4pm-4:30pm each week before class. Bus tickets provided if needed.

Mondays

4:30pm-6:30pm

(11 weeks per class)

Jan 22 - April 2

April 16 - July 2

July 16 - Oct. 1

Oct. 15 - Dec. 17

**WEST SIDE COMMUNITY
HOUSE**

9300 Lorain Ave.

Cleveland Ohio 44102

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